

Quantum Theater Worksheet Page 2

NOW THAT YOU KNOW THE UNDERLYING FEAR OR DESIRE, CAN YOU SEE HOW THIS MAPS TO ARCHETYPAL SHADOW(S)?

VALUE CHANNEL/PROSTITUTE:

PERMISSION CHANNEL/CHILD:

COMPETENCY CHANNEL/VICTIM:

FAITH CHANNEL/SABOTEUR:

NOW THAT WE KNOW THE ENERGETIC MOTIVES, LET'S CREATE A SCENE!
HERE IS SOME RANDOM CONTENT TO ASSIST YOUR IMAGINATION

PLOT IDEAS

CHARACTERS ARE CONFUSED BY EACH OTHER
SOMEONE HAS A BIG SECRET
A BOUNDARY AND CONFRONTATION
ABSURD PRIORITIES

CHARACTER IDEAS

EMBODY THE SHADOWS WE ARE AFRAID OF
THE ONE WHO GOES ALONG WITH EVERYTHING
CHALLENGING EVERYTHING

INTENSELY CURIOUS
LITERALLY INSANE

ENVIRONMENTAL IDEAS

MEET IN A CAFE (CLASSIC CHOICE) A CIRCUS IN A BLIZZARD GROCERY STORE
A GRAVEYARD A FACTORY GRADUATION HEAVEN STREET CORNER

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TRY TO BEGIN THE STORY WITH AN IMPORTANT REVEAL. IT'S GREAT WHEN ONE CHARACTER SHOCKS ANOTHER, AND HAS TO "GET REAL".

FOLLOW THE ENERGY UNTIL IT REACHES A STANDSTILL - USUALLY THIS MEANS SOMEONE WILL NEED TO CHANGE THEIR MIND ABOUT SOMETHING. WHEN THE MIND HAS CHANGED, EXPLORE THIS NEW WORLD - MAKE IT REAL. FINISH WHEN ALL ISSUES FEEL SETTLED.

NOW LET'S REVIEW THE LANDMARKS WITHIN THE STORY, HOW'D IT GO?

BEGINNING:

MIDDLE:

END:
